



Également offert en français

PACIFIC RIM NATIONAL PARK RESERVE OF CANADA

WEST COAST TRAIL

PREPARATION GUIDE 2010

As one of 42 national parks and national park reserves across the country, Pacific Rim National Park Reserve protects for all time a significant example of Canada's natural and cultural heritage to encourage public understanding, appreciation and enjoyment for present and future generations.

The West Coast Trail Story

Backed by the Vancouver Island Range and facing the open Pacific Ocean, Pacific Rim National Park Reserve of Canada (PRNPR) represents and protects both near-shore waters and the coastal lowland forests of Canada's west coast. PRNPR is composed of three units: the Long Beach Unit, the Broken Group Islands, and the West Coast Trail (WCT).

The 75 kilometre (47 mile) WCT is part of the ancient paths and paddling routes used for trade and travel by First Nations. Huu-ay-aht, Ditidaht, and Pacheedaht villages and camps were well established before the foreign sailing ships started to arrive off this coast over 200 years ago.

As the number of ships sailing the Juan De Fuca Strait increased over the years, so too did the number of shipwrecks and drownings along the coast. In time the coastline became known as the "Graveyard of the Pacific".

To aid sailors navigating the shoals, currents, thick fogs and winter storms of the west coast, the Government of Canada established Cape Beale Lighthouse in 1873 and Carmanah Lighthouse in 1891. By the time Carmanah Lighthouse was operational, a telegraph line had been strung through the trails and traditional territories of the Huu-ay-aht, Ditidaht, and Pacheedaht First Nations to establish communications between the lighthouses and Victoria.

While the lights and lines helped, they were not enough to stop the number of shipwrecks from growing. In 1906, when the Valencia went down with the horrific loss of more than 125 lives, the public outcry prompted the government into further action.

Pachena Lighthouse was constructed; lifesaving stations were established at Cloo-ose and Bamfield; and the telegraph line route was upgraded to become a life saving trail, complete with six shelters and provisions for both shipwreck victims and their rescuers. As navigation technology improved, the life saving trail became obsolete and was abandoned as a lifesaving trail. In 1973, the trail was included in PRNPR as a recreational hiking trail, beginning a new chapter in its history.

Today, backpackers come to see the beauty, experience the challenges and walk the path of those that have come before them. However, this rugged hike is not for everyone.

All hikers in your group must be prepared for:

- 6-8 days in the backcountry;
- Rugged, uneven ground: it takes approximately 2 days to travel the southern 22km of the trail between Gordon River and Walbran Creek;
- Slippery conditions on muddy trails, wooden surfaces, boulders and rocky shorelines;
- Wading rivers, negotiating steep slopes and earth slumps, climbing ladders, using cable cars and following an irregular trail;
- Damaged structures: trail maintenance is ongoing and the condition of structures can change at any time.
- A temperate rainforest climate. Rainfall averages 330 cm (130 in.) per year with heavy rainfall possible at any time, and frequently in May and June. Floodwaters can delay hikers for days. Fog is common, especially in July and August. The average summer temperature is 14° Celsius (57° F). Incidents of hypothermia and physical injury increase significantly during prolonged wet periods.
- Accidents and injuries: it may take more than 24 hours for help to arrive.

The West Coast Trail is for hikers who are:

- Experienced in overnight backpacking. Experienced group leaders cannot compensate for inexperienced hikers.
- able to hike long distances through rough terrain with a full backpack (recurring knee, back or ankle injuries are often aggravated on the trail)
- prepared to have an wilderness experience
- able to wait if conditions warrant delays
- over twelve years of age (Parks Canada will not issue a permit to children under 6)

Pets and firearms are not allowed on the trail

PLANNING YOUR TRIP

The WCT is open from May 1 to September 30. Prolonged periods of heavy rain, strong winds, high tides, large waves and short days necessitate closing the trail between October 1 and April 30.

Maximum group size is 10. The only exception is for school groups starting the trail between May 1st - 20th and September 20th - 26th. Up to 18 hikers may be in these school groups.

Entrance points: Pachena Bay (north) and Gordon River (south)

Exit points: Pachena Bay, Gordon River and Nitinat Lake. Entrance or exit at any other point is not permitted unless an evacuation is required. (Reference map located on page 13). Anyone interested in traveling in the Nitinat Triangle should contact a WCT Information Centre for information.

All people using the WCT unit require a park permit.

Day Users require a Day Pass. (*Day Users* are persons entering and exiting the trail on the same day at the same location.)

Overnight Users require a WCT Overnight Use Permit. Permits are issued at the WCT Information Centres.

In the shoulder season **between May 1st and June 14th and Sept 16th to the 30th** Parks Canada discontinued the reservations and the standby system. Hikers participating and completing the orientation sessions will be able to access the trail

During the peak season, **June 15 to Sept 15th**, Parks Canada allows up to sixty overnight hikers to start the trail each day. Thirty from the Pachena and thirty from Gordon River. Hikers in peak season can make a reservation or go on the standby list.

Standby

- A minimum of 5 spaces per trailhead, or 10 spaces total, are allocated via standby per day.
- Register in person at a WCT Information Centre as soon as you arrive in the area.
- Spaces are allocated at 12:30 PM each day from the WCT Information Centers.

Reservations

Reservations for the peak season can be made up to three months in advance of the hike start date:

- Hikes starting in June can be reserved as of April 1, 9 AM
- Hikes starting in July can be reserved as of May 1,
- Hikes starting in August can be reserved as of June 1
- Hikes starting in September can be reserved as of July 1

There are two ways to make a reservation: by phone or on-line.

- On-line
 - www.pc.gc.ca/pacificrim and follow the links
 - 24 hours a day 7 days a week between April 1st 9AM and Sept 13th.
- Telephone
 - Toll Free Canada/USA: 1-800-435-5622**
 - International: 1-250-387-1642**
 - Monday to Saturday 9:00 am to 5:00 pm PST (closed Sundays and statutory holidays)

When making a reservation hikers need to identify

- Preferred start dates;
- The trailhead you plan to start from;
- The number of hikers in your group;
- An email address to send confirmation & orientation information to;
- Means of payment: Visa or MasterCard

Organized groups

A maximum of one school, non-profit custodial or commercial group may start the trail per day.

Group leaders contact Parks Canada for further details (contact information on page 11)

FEES

An Overnight Use fee is required of all overnight users of the WCT. Use fees help support the cost of operating the WCT (e.g. rescue services, information services, regular maintenance, construction of ladders, cable cars and bridges).

Ferry fees pay for passage across the Gordon River and Nitinat Narrows, a service provided by the Ditidaht and Pacheedaht First Nations throughout the hiking season. All ferry fees are paid at the WCT information centre when you obtain your permit. Your proof of payment is your WCT Overnight Use Permit. Be prepared to show this to the ferry operators. Hikers without a valid permit will be denied passage.

A reservation fee is applicable when making a reservation through Tourism British Columbia.

WCT Fees (as of January 2010)	
Reservation Fee	\$24.50
WCT Overnight Use Fee	\$127.50
Ferry Fee Gordon River	\$16.00
Ferry Fee Nitinat Narrows	\$16.00

- All fees listed are per person and in Canadian funds.
- Payment can be made at the WCT information Centre using cash, traveller's cheques (both in Canadian currency), Visa, MasterCard, American Express and debit cards.
- Visit our website or contact the national park for an up-to-date fees schedule prior to your departure.
- Fees may change at any time.

CANCELLATION POLICY:

Ferry Fees: refunds for unused ferry services are available at the WCT Information Centres.

Reservation Fee: paid to Tourism BC is non-refundable.

WCT Overnight Use Fee paid through Tourism BC: cancellations made 21 days or more before the hike start date are eligible for refund through Tourism BC. A cancellation fee of \$6.30 per booking applies.

TRANSPORTATION TO AND FROM THE WCT

Parks Canada provides this listing for the convenience of hikers. It is not intended as a testimonial for the services. Hikers make their own arrangements for transportation services. Refer to the map and telephone numbers provided on pages 11 and 12. Reservations are recommended.

Vehicles can be left at a number of locations near the trailheads. Ask for details at the WCT Information Centre.

To Pachena Bay Trailhead, 5 km south of Bamfield:

- Drive on gravel logging roads from Port Alberni (2 hrs) or Duncan (3 hrs).
- Bus from Victoria (4 hrs), Nanaimo (3 hrs) with West Coast Trail Express.
- Ferry from Port Alberni (4 hrs) with Alberni Marine Transport Ltd.

Nitinat Narrows to Nitinat Village:

- Ferry usually makes a trip at 5:00 PM from the Narrows to Nitinat Village (the Nitinat Lake Water Taxi) . Nitinat Village is a small, remote Community: an overnight stay may be required.

To Gordon River Trailhead, 5 km north of Port Renfrew:

- The Gordon River Trailhead has been temporarily relocated. Look for road signs to direct you to the location as you enter Port Renfrew.
- Drive from Victoria via Highway 14 (2 hrs).
- Bus from Victoria (2 hrs) with West Coast Trail Express.

Between Port Renfrew, Nitinat and Bamfield:

- Bus (3 hrs) with West Coast Trail Express.
- Ferry (4 hrs) through Juan de Fuca Express Water Taxi. (Check at the WCT Information Centre for availability of this service.)

MAKE A TRIP PLAN

Before you leave for the trail, write a trip plan: leave it with a responsible person (e.g. friend or family member). Detail where you are going, with whom, when you plan to return, and what to do if you do not return as planned. A WCT Overnight Use Permit does not fulfill this role.

AT THE TRAILHEADS

There are basic tourism services at, or near, both trailheads and Nitinat Village. These include accommodations, campgrounds, phones, fuel, some groceries, and food services. There are no banking services in the villages of Bamfield, Port Renfrew and Nitinat.

ORIENTATION SESSION

All overnight users and all groups hiking the West Coast Trail must participate in an orientation session and obtain a WCT Overnight Use Permit. The purpose of the orientation is to:

- reduce the number of hiker injuries by addressing common safety issues
- reduce environmental impacts by providing backcountry etiquette information
- provide information about current issues and trail conditions
- provide a brief history of the West Coast Trail and its place in Canada's heritage
- issue the WCT Overnight Use Permits and collect fees
- Answer questions

Bring your reservation confirmation information (if applicable) to the orientation.

Hikers with reservations will be issued a Pacific Rim National Park Reserve West Coast Trail Map when they register on the trail. Hikers on stand-by can purchase the map at the trailhead.

- Orientation sessions are offered at 9:30AM, 1:00 PM, and 3:30 PM at both WCT Information Centres.
- Reservations are not necessary for orientation sessions.
- The orientation process takes about 1½ hours.
- Hikers may register and participate in an orientation session as early as 3:30 PM the day before their hike starts.
- We strongly recommend hikers start the trail a minimum of 5 hours before sunset to ensure a camping area is reached before nightfall.
- If your party will arrive after 1:00pm on the reserved start date you must contact the WCT Information Centre nearest their starting trailhead to prevent their reserved spaces from being given to hikers on standby

At the end of your hike, register your party off the WCT. Return one copy of the WCT Overnight Use Permit to the WCT Information Centre. Permits can be placed in the drop box if the WCT Information Centre is closed.

Hiking from Gordon River to Camper Bay in one day is not advisable. Plan to camp at Thrasher Cove. Statistics show that most accidents occur later in the day in this area.

PROTECTING, PRESENTING AND PRESERVING

Parks Canada is responsible for ensuring the sustainability and integrity of the natural and cultural resources in its care. Everyone can help to protect the ecological integrity and cultural heritage of the West Coast Trail. Working with others, we strive to provide Canadians and international visitors with the opportunity to learn about Canada's heritage.

The entire national park reserve falls within the traditional territory of the Nuu-chah-nulth, people who have inhabited Vancouver Island's west coast for countless generations. The Nuu-chah-nulth comprise many individual nations. The West Coast Trail Unit lies within the traditional territory of the Huu-ay-aht, Ditidaht and Pacheedaht First Nations.

Parks Canada, the Huu-ay-aht, Ditidaht and Pacheedaht First Nations work collaboratively to ensure protection, preservation and presentation of these lands. We need your help. Respectful behaviour from all hikers will lead to a safe and rewarding experience and contribute to a healthy, functioning ecosystem.

BACKCOUNTRY ETIQUETTE: LOW IMPACT CAMPING

It is an offense under the Canada National Parks Act to collect, remove, destroy or deface any natural or cultural heritage resource within National Park boundaries. This includes defacing artifacts, cutting trees for firewood or makeshift shelters, and collecting or removing marine life, shellfish, fossils, artifacts, plants, etc. Leave Pacific Rim National Park Reserve in as good, or better condition than you found it.

Use a stove and minimize fires. Do not rely on fires for cooking, staying warm or drying out. Small driftwood fires are permitted below the high-tide line on beaches. Fires are not permitted in the forest. Use only driftwood (no thicker than your wrist), do not cut any trees or other vegetation and keep fires away from logs. Make sure fires have burned out, or are extinguished with water, and then dismantled. No trace of the fire should be left.

Ensure safe water and health conditions: use outhouses when possible. If you are stuck between outhouses, dig a hole 20 centimeters (7 inches) deep, at least 30 meters (three bus lengths) away from water sources, campsites or the trail. Bury the human waste. Dispose of toilet paper in outhouses or pack it out. Pack out feminine hygiene products.

Ensure all washing (bodies, clothes and dishes) is carried out in the ocean or at the mouth of rivers. Dispose of any dirty water at least 30 meters from drinking water sources. Use only biodegradable soap. Better yet, try soap-free camping.

Schedule your hike to camp at designated campsites. Camp on the beach above the high-tide line to reduce the impact and soil compaction in vegetated areas.

Your actions can kill wildlife and endanger hikers. Hang your food, garbage and toiletries out of reach of animals and away from tents. Items should be a minimum of 4 meters (13 feet) off the ground and 3 meters (10 feet) from the trunk of the tree. Use metal food lockers if they are available.

Pack it in, pack it out. There are no garbage cans on the WCT: everything you pack in you must pack out, including orange peels, hygiene products, tarp ropes and wet clothes. Before arriving at the trail, minimize packaging to reduce garbage and weight.

Fishing is permitted on the WCT. Carry the appropriate licenses (Non-Tidal Angling License and Tidal Waters Sports Fishing License) and follow the regulations and closures.

First Nation Reserves located along the WCT are private property. The First Nations that own these reserve lands welcome you and ask that you stay on the main trail and obey all signs. Patrol cabins are not for hikers.

Respect other visitors and protect the quality of their experience.

A SAFE AND ENJOYABLE TRIP

Travel in the backcountry requires special attention to safety. Hazards are numerous. **Eighty to 100 seriously injured hikers are evacuated from the WCT every season.** Approximately 200 hikers per year sustain minor injuries, and manage to limp off the trail. A considerable number of injuries on the WCT involve unprepared and inexperienced hikers. **Be prepared to hike**, all members of your party should be prepared to be carrying a heavy backpack for 6-8 days.

Ensure that your party takes time to enjoy your experience. Many accidents and injuries occur when hikers are rushing, not paying attention to terrain, tired, or hiking too late in the day. **Respect the capabilities of the slowest group members.** Take adequate rest breaks, and **keep the group together.** Never split up the group.

During wet, rainy weather, occurrences of physical injury and hypothermia increase greatly. Hypothermia is the lowering of the core body temperature; if not stopped, symptoms can progress from slurred speech and lack of co-ordination to uncontrolled shivering to loss of consciousness and finally heart failure. **Ensure your party is warm, dry and well fed.**

Assume all walking surfaces are slippery at all times, especially during damp or rainy periods. Slippery conditions on muddy trails, wooden surfaces, boulders and rocky shorelines

are a major hazard. Hiking too fast, fatigue, poor light conditions, improperly balanced or heavy packs and inadequate footwear all contribute to injuries and accidents.

Bridges and Ladders: All structures along the trail are maintained regularly; however, harsh climatic conditions mean that their condition may change. Special care should be taken on any built structure. No more than two persons should be on a ladder or bridge at one time. Large groups should allow extra time to progress past ladder sections. If you are leading a large group, allow extra time to progress past ladder sections.

Cable Cars: Keep your fingers, hands and hair away from the pulleys. Only two people (and their gear) per cable car. Platforms can be very slippery: use caution. To enter, use the rope to pull the car towards you. Hold the car steady while you load your gear, then carefully enter and stay seated. When crossing the river, let the rope go and gravity will move the car down the rope to the middle of the river. You must then pull the rope hand-over-hand to reach the platform on the other side. Hold the rope so that the car stays flush with the platform, and carefully unload. **Do not bounce or sway the car. Never tie it to the platform.**

Hikers must wade across some creeks and rivers. Be prepared to wait for floodwaters to subside; this may take one or more days. Wait for safe water levels and low tides, undo your pack hip-belt (if you fall, you can slip out of your pack more easily) and wear running shoes or sandals. Avoid crossing any surge channels.

High tides can make beach walking very difficult or impossible. Carefully follow both the Tide Tables and map to avoid being trapped or cut off. **Remember to add one hour to tide tables for daylight saving time.** Watch also for large ocean waves and swells. Consider the overnight high tide when pitching your tent on the beach.

Tides dictate when you can access the beach for hiking. Follow both the tide tables and WCT map carefully to avoid being trapped or cut off. **Remember to add one hour to tide tables for daylight-saving time.** Always be conscious of the ocean. Watch for large waves and swells. Consider night time high tides when pitching your tent on the beach.

Tsunamis: dangerous as they are, they do not happen very often. If the ground shakes under your feet or you see the waterline quickly recede from the shore, a tsunami may be coming. *Move to higher ground.* Follow tsunami evacuation routes.

Hikers' actions can kill wildlife and endanger people. Hang your food, garbage and toiletries out of reach of animals and away from tents. Use metal food lockers if they are available.

Drinking water is available from most rivers and creeks. Collect water upstream, then purify, boil or filter it.

From May to October, the WCT is closed to harvesting and consumption of all bi-valves shellfish (clams, mussels, and oysters) due to regular occurrences of Paralytic Shellfish Poisoning (PSP). PSP can result in serious illness or death

LIVING WITH WILDLIFE

Black bears, wolves and cougars use the beaches and trails of the WCT unit. All wild animals are potentially dangerous. To avoid a dangerous encounter with wildlife **stay alert and keep these points in mind:**

- **Never leave food or garbage accessible** to wildlife: they are attractants.
- Keep children close to you.
- If you encounter a predator, face the animal and retreat slowly, giving them an avenue of escape: do not run or play dead.
- In the unlikely event of an attack, try to appear big and aggressive: shout, wave a stick or throw rocks.
- **Knowledge, alertness and a clean campsite can help avoid a dangerous encounter. Never approach a predator.** Always give them an avenue of escape.
- If you encounter a predator, **do not run** - it may trigger an attack. Follow the recommendations in *You Are in Bear Country* and *You are in Wolf and Cougar Country*.
- If you have questions, ask them to the staff at the WCT Information Centres.

Read the hiker advisory at the trailhead, and ask staff about recent wildlife activity and how to be a partner in Living with Wildlife.

Each hiking party is responsible for assisting injured members of their party.
If a member of your party is injured:

- But *can hike*, try to get him/her off the trail at the nearest exit with the assistance of your party or other hikers: you should not continue hiking in the hope that your condition will improve.
- And *cannot hike* to the nearest exit, follow the instructions in the *West Coast Trail Safety Information* sheet that is issued to hikers with their WCT Overnight Use permit. National park staff are responsible for patrolling the WCT and assisting injured hikers. The majority of evacuations are done by park public safety specialists by boat, though a serious or complex evacuation may require assistance from other agencies.

Park staff will evacuate injured hikers to the nearest exit point, ambulance or medical facility. This is not necessarily the most convenient location for the injured hiker.

Minor complaints such as blisters, sore feet, fatigue and lack of food do not warrant evacuation.

EQUIPMENT

To enjoy your WCT experience you must be comfortable: aim for quality and lightweight equipment. Your pack should weigh a maximum of 1/4 (women) to 1/3 (men) of your body weight. Reassess the content of your pack if it is heavier than this.

- **Sturdy boots:** High quality hiking boots, with good ankle and arch support, are required. Soft rubber soles provide better traction on slippery surfaces than hard soles. Do not break-in new boots on this hike. Sandals or running shoes are good for wearing around camp, and for river crossings.
- **Lightweight backpacking stove and fuel.**
- **Rainwear and warm clothing:** Bring durable, waterproof jacket and pants, under-layers that keep you warm when wet and are quick to dry, as well as a warm hat and gloves.

- **High energy, lightweight, quick-cooking food.**
- **Backpacks** require a padded hip belt and should be lined with plastic bags.
- **A tent with a waterproof fly is essential.**
- **Sleeping bag:** Synthetic fills are preferable, as down bags lose warmth when wet. Pack sleeping bags in waterproof bags and carry them inside packs.
- **Closed-cell foam sleeping pad.**
- **Waterproof** *Pacific Rim National Park Reserve West Coast Trail Map*, tide tables for Port Renfrew, and a watch for use with tide tables.
- **First aid kit that includes treatments for blister and insect stings.**
- **15 metres (50 ft)** of synthetic rope per group to hang food, use as a clothesline, etc.
- **Cellular phones** work on many of the beaches. Check with your carrier to see if they have coverage in this area. Another option is a marine VHF radio.

Also consider:

- an emergency signaling device
- cash for unexpected emergencies (some places only take cash, such as the Nitinat Lake water taxi);
- water container
- water purification equipment
- toilet paper
- zip-lock type plastic bags for keeping permits and other small items dry
- lighter or waterproof matches
- fire starters
- garbage bags to pack out all your refuse
- gaiters
- sun screen
- lip screen
- sunglasses
- toiletries
- hand sanitizer
- flashlight
- weather radio
- repair kits for equipment
- lightweight shoes for camp
- cooking and eating utensils
- hiking staff or collapsible ski poles

Do not bring an axe, firearms or pets.

PLEASE CONTACT PARKS CANADA FOR ADDITIONAL INFORMATION.

CONTACT PACIFIC RIM NATIONAL PARK RESERVE	
Pacific Rim National Park Reserve Administration Office	2185 Ocean Terrace Road P.O. Box 280, Ucluelet, BC V0R 3A0 250-726-3500 (year-round)
Pacific Rim National Park Reserve Resource Conservation Office	250-726-7165
Park Information Centre	2791 Pacific Rim Highway 250-726-4212 Open daily, March 6 – October 11.
Email:	pacrim.info@pc.gc.ca
Website:	www.pc.gc.ca/pacificrim
West Coast Trail Information Centre (Pachena Bay)	250-728-3234 Open daily, 9:00 a.m. to 5:00 p.m., May 1 to Oct. 4.
West Coast Trail Information Centre (Gordon River)	250-647-5434 Open daily, 9:00 a.m. to 5:00 p.m., May 1 to Oct. 4.

OTHER CONTACTS (effective November 2008 - subject to change)	
Alberni Valley Chamber of Commerce	2533 REDFORD STREET Port Alberni, BC V9Y 7L6 250-724-6535 avcoc@alberni.net www.avcoc.com
Bamfield Chamber of Commerce	250-728-3006 info@bamfieldchamber.com www.bamfieldchamber.com
BC Ferries	1-888-223-3779 or 250-386-3431 (outside north America) or *BCF on cell www.bcferrries.bc.ca (Vancouver, Victoria, Nanaimo)
Butch Jack Hiker Ferry Service	250-647-5517 or 250-647-5434 Butch023@telus.net (Gordon River Trailhead)
Fisheries and Oceans Canada, Pacific Region	Port Alberni Office 250-720-4440 <i>Fishing and Paralytic Shellfish Poisoning Information</i> <i>24 hour line [sub area23 (8)]:</i> 604-666-2828 or 1-866-431-3474 www.dfo-mpo.gc.ca

Juan de Fuca Express Water Taxi	1-888-755-6578 http://members.shaw.ca/berry5868/juanfuca.htm (Port Renfrew and Bamfield)
--	--

Lady Rose Marine Services (Passenger Ferry)	250-723-8313 or 1-800-663-7192 (April 1 – Sept 30) www.ladyrosemarine.com (Port Alberni to Bamfield passenger ferry)
Nitinat Lake Water Taxi	250-745-3509 (across Nitinat Narrows and to Nitinat Village)
Nuu-chah-nulth First Nations Tribal Council	1-877-677-1131 or 250-724-5757 www.nuuchahnulth.org
Report Marine Pollution	1-800-889-8852
Super Natural BC	1-800-435-5622 www.hellobc.com
Tides	www.lau.chs-shc.gc.ca
Tofino Air	1-888-436-7776 or (604) 740-8889 www.tofinoair.ca (Between: Vancouver-Bamfield-Tofino)
Victoria Clipper (Passenger Ferry)	1-800-888-2535 or 250-382-8100 www.victoriaclipper.com (Seattle to Victoria)
Weather Forecasts	VHF Channel 21 B Continuous automated forecast: 250-726-3415 www.weatheroffice.ec.gc.ca
West Coast Trail Express Bus	1-888-999-2288 www.trailbus.com (Victoria, Nanaimo, Bamfield, Nitinat Village, Port Renfrew)

REFERENCES

Available from the WCT Information Centres:

- The **Pacific Rim National Park Reserve West Coast Trail Map. Parks Canada 2010.**
- **Canadian Tide and Current Tables 2010 Barkley Sound and Discovery Passage to Dixon Entrance. Volume 6. Canadian Hydrographic Service (Tofino Tide Table).**

SOUTHERN VANCOUVER ISLAND AND THE WEST COAST TRAIL UNIT OF PACIFIC RIM NATIONAL PARK RESERVE OF CANADA

(This map is not intended for hiking purposes)

